

Stephen Flett - TV Psychologist
stephen@sfa1.co.uk - 01526 321737 - 07905 478899

I am a chartered psychologist with postgraduate degrees in clinical psychology and psychotherapy. I have wide experience in clinical, business, sports and TV psychology. The common theme is working with people under pressure and in the spotlight. Employing psychologists in reality and documentary TV is similar to using medical and legal specialists – for advice, anticipation of problems and back up if anything goes wrong. In practice, the right psychologist can contribute to a wide range of issues before, during and after filming eg selection and screening using in depth interviews; checks on psychological health; advice on group dynamics and teams to achieve mix and fairness; advice and support for celebrities, contributors, crew and producers; on-call support, on-site call-outs, debriefing and aftercare

I have interviewed over 2,200 contributors on 130+ TV programmes since 2001 – reality, documentary, surgery, talent, illusion, relationships, survival; before, during and after filming; by telephone, Skype, Facetime and in person. NB: some of the titles below were working titles before TX

10k BC, series 1&2 (The Garden)
24 hours in A&E (The Garden)
A Year to Save My Life 1 & 2 (Eyeworks)
Adrenaline Junkie 3 (Ginger TV)
Am I a Witch? (BBC)
Beauty Salon (True North)
Bedroom Diaries (Tiger Aspect)
Big Brother Celebrity Hijack (Endemol)
Big Brother, 5 to 11 (Endemol)
Bigamist (Century Films)
Breadline Britain (Endemol)
Bride and Grooming (Atit Prod)
Bustamove (MTV)
Castaway 2 (Lion TV)
Celebrity Big Brother 3 to 7 (Endemol)
Celebrity Shark Bait (ITV)
Chinese School (BBC)
Cowboy Builders & Traders (Ricochet)
Cut up Kids (BBC3)
Dating in the Dark (Endemol)
Derren Brown – 9 shows (Objective)
Dr Dance (Tiger Aspect)
Ex On the Beach 1 to 3 (Whizzkid)
Extreme Male Beauty (Endemol)
Fame Academy 2 (Endemol)
Fat and Fatter (BBC)
Fat Teens Can't Hunt (Endemol)
Gap Year (Endemol/Bebo digital project)
Gay Prom (MTV)
Geeks Go Large (Shine TV)
Geordie Shore, 1 to 11 (Lime Pictures)
Gok Wan Dating show (Ricochet)
Goldie's Band (BBC)
Hidden Talents (Silver River)
Hired or Fired (Remedy Productions)
I'm a Celebrity Get Me Out of Here
Hair (BBC)

Iraq Documentary (BBC)
Jamie, Drag Queen (Firecracker)
Judge Geordie (Lime Pictures)
Katie – My Beautiful Friends (Mentorn)
Leo Houlding Project (Ginger TV)
Living on the Edge (Lime TV)
Living with Kymberly (Endemol)
Love Trap (Windfall Films)
Man's First Diet (Endemol)
Nick/Margaret: Benefits/Immigration-BBC
Oceans 10 USA (BBC/Rival Media)
Octomum (Eyeworks TV)
Old Before My Time (BBC3)
Prisons (BBC3)
Save A Marriage (BBC)
Single, Together, Whatever (Firecracker)
Slum Survivors (BBC3)
So You Think You Can Dance 1 & 2 (BBC)
Space Cadets (Endemol)
Supersize vs Superskinny (Endemol)
Survivor 1 & 2 (ITV)
Teen Mums (True North)
The Apprentice 2 & 3 (Talkback)
The Bachelor UK 1 & 2 (Ricochet)
The Farm 1 & 2 (Endemol)
The Restaurant 3 (BBC)
The Truth About Female Desire (Endemol)
The Voice UK (Wall2Wall)
Toughest Place to be A...1 to 3 (BBC)
Trick or Treat 1 & 2 (Objective)
Trouble in Paradise (Endemol)
Tycoon (Peter Jones TV)
Vanity Lair (Tiger Aspect)
Virgin Diaries (Tiger Aspect)
Who's Mad (BBC Horizon)
Year Dot (SoTV/C4 Digital project)
You're Not All That (Endemol)

BA Hons (Psychology) Liverpool University; Dip Clin Psych (British Psychological Society); MSc (Psychotherapy) Warwick University; Professional BPS Membership No – 276; Professional Indemnity Insurance - £3m

